

MAMMILLARIA THORNERI

# Espinas y Flores

BULLETIN OF THE SAN DIEGO CACTUS AND SUCCULENT SOCIETY

*Affiliate of the Cactus and Succulent Society of America, Inc.*

Volume XXIII, Number 12

December 10, 1988



## DECEMBER MEETING

Saturday December 10, 1988

1:30 P.M.

Allow time to look at the gift plants

Casa Del Prado, Room 101, Blaboa Park

## PROGRAM

Election of Officers

Special Plant Exchange

Dinner promptly at 2:00 pm

Distribution of gift plants  
to all members present.

No Library

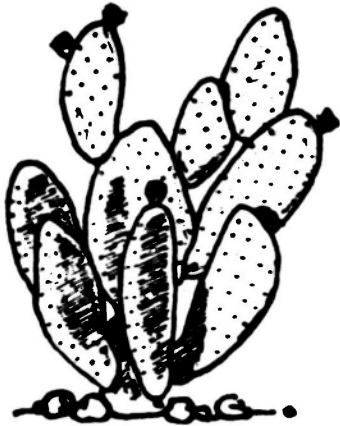
No Plant Sales

Deadline - Anytime before the 1st of the year.

Thanks and Happy Holidays.

Mary

NOVEMBER BRAGGING PLANT WINNERS.....



- 1st Place - Carl McLeod for his  
Pachypodium namaquanum
- 2nd Place - Sandy Frost for her  
Crassula qusensis v. gieseii
- 3rd Place - Mitch Bahr for his  
Euphorbia duruana

\* \* \* \* \*

WELCOME TO NEW MEMBER - - - - - William Caughlin

\* \* \* \* \*

SLATE OF OFFICERS  
Election at the December Party

- President Chuck Adams
- V. Pres. Mitch Bahr
- Sec. Jeanette Dutton
- Treas. Dana Adams  
Laura DeMerritt



\* \* \* \* \*

CHRISTMAS PLANT EXCHANGE

There will be our usual plant exchange this Christmas meeting whereby members bring a plant and take a plant in exchange. This is how it works: bring a cactus or other succulent, potted nicely, in good condition, labelled with your name on one side and the name of the plant on the other. The better the plant you bring, the earlier you will have your chance to select. (Bring one plant per person only). This event is in addition to our regular distribution of gift plants from our Club. Let's get our gift-exchange plant polished up for this event!



Shirley Berry

FREED FROM INSULIN

# DIABETICS FIND NEW HELP

Cactus Success in New Nature Cure

By Mary MacArthur

San Diego—Here is a record of natural relief from diabetes that may in a short time outshine the world famous story of Sister Kenny and her physio-therapy method in treating infantile paralysis!

Seven years ago E. J. Dailey was "on the way out," according to his physicians, being a sufferer from dreaded comas due to this ailment, an upset of the delicate but highly important pancreas. Then he discovered through a strange chain of events—a long story in itself—that common spineless cactus, made up into a food supplement, not only freed him of those frightening comas, but also made him sugar-free after 90 days so that he did not even have to stay on the diet.

Since that event in his life, which restored him to business and social activity, and a lot of hard work in harvesting, producing and marketing this strange cactus remedy, Mr. Dailey has helped hundreds of unfortunate diabetics in the West to get relief from the repugnant little hypodermic needle and its daily shots of insulin, the only known life saver against this common ailment, for which there has been no acknowledged cure or relief except insulin.

Mr. Dailey, who makes his home at 4029 Idaho street, is besieged day and night by folks who hear of his work through friends and come to get the cactus food tablets which are trademarked *Sugretus* but claiming no benefits to the diabetic as federal and state laws do not allow this unless "medical science" has accepted them. Thus thousands of sufferers do not learn of this simple remedy. The label merely states that *Sugretus* is "a dietary supplement providing Vitamins B-1 and B-2", tells how to take them.

Mr. Dailey, a genial middle aged former chemist researcher at University of Wisconsin where he was graduated in 1899, has done a lot of important work in animal tuberculosis, spending two years on cattle alone. Born in Hudson, Wis., he grew up a good American, went in for sports, football, baseball, is spending every minute on developing the growing and production of this windfall for diabetics.

At present he is swinging on a hammer with helpers building a larger laboratory, and is keeping an Italian agriculturist crew busy in planting and harvesting the cactus. So far the product is sold only in health food shops, through drugless doctors and from his own laboratory at 3680 University Ave. A by-product of the cactus is its apples, all sold in New York City. It takes 1500 pounds of raw cactus to make only 17 pounds of tableting material, being finely ground, then cooked down at a low temperature, dried and tableted. "Nothing is added, nothing taken away," he declares, "and we have found that it is also beneficial in kidney, liver, spleen and pancreas conditions.

Strangely, it normalizes, reducing the high, building up the low blood pressures. One nurse, fainting from high pressure, used it 10 days, was normalized, went back to work, he relates, adding that California and Arizona Indians knew of its salutary effects in these troubles.

Although official medicine refuses to accept or investigate this simple remedy which today costs insulin users many thousands of dollars it has many staunch cures hereabouts who were glad to appear in Federal court here before Judge David W.

Ling, during September, 1944, to testify for the tablets and their maker when Mr. Dailey was charged with misbranding *Sugretus*.

The *San Diego Union* reported how "skilled medical men testified that the cactus pills won't give results claimed . . . in cross examination, Dr. Torbet said that while he believed the Dailey pills would do no good, he had never tried them."

Strange feature was the testimony of two medics who swore the pills were no good, claiming to have tried them on four patients, yet 28 witnesses were presented by the defense who testified that they had been thus cured, and the producer is so busy today supplying the hungry throng that he works day and night.

Medical science blithely goes on condemning such a discovery on the mere hasty sayso of two obscure medics while 12 million diabetics are forced to plunge a needle into their arms or legs daily or tailspin into a black coma, perhaps death!

This same medical science also scoffed at Nurse Kenny when she came here from Australia with her method of treating paralysis—but Miss Kenny is still here and good Americans are now raising money to support her system.

The jury lined up with the doctors, found Mr. Dailey guilty. He paid \$250 fine, and

before he had left the courtroom was besieged by prominent persons for some of his remedy!

Right in San Diego the Naval hospital sent a commander home to die after insulin had failed to keep him on his feet. Then he heard of the cactus miracle, went on it for 90 days, recovered, reported back, but the hospital calmly said he had never had diabetes, yet they "shot" him for it for over six months!

Another astonishing case was Ed Setzer, county employee, who had one leg amputated in Berger's disease, and had three operations, the other getting started the same way, was going home to die, when he heard of the cactus cure, went on it, is today back on the job!

"Because insulin shots rectify pancreas conditions is certainly no proof that there might not be other elements in nature that would do the same job—without a hypo—and people are seeking such means of relief," declares Mr. Dailey, who exhibits a sheaf of written testimonials to back his court witnesses. One for example, Mrs. C. C. Taylor here, wrote "I was quite bad, sugar from 275 to 300 and I became quite crippled so I had to use a cane and in misery all the time . . . and now I am happy to say I am free from sugar. My last blood sugar was normal, and my urine also free. I have discarded my cane and I eat everything, of

# SUGRETUS

A Dietary Supplement

Providing

VITAMINS B-1 and B-2

Contains: Vitamin B-1 (Thiamin Chloride) and Vitamin B-2 (Riboflavin) in a base of *OPUNTIA FRARLIS*

# CACTUS

powdered Spineless (*Opuntia Frarlis*) with excipients.

Total Ash	17.4%	Magnesium MGO	1.35%
Ether Extract	1.97	Sodium NA2O	1.6
Fibre	11.20	Potassium K2O	3.9
Protein	6.25	Calcium CAO	Trace
Nitrogen Free	2.50	Sulphates	4.86
Silica SiO2	Trace	Chlorine	3.5
Aluminium Al2O3	1.2%	Iron	Trace
Thiamine	0.04 mg.	Riboflavin	0.40 mg.
Niacin			0.70 mg.

### DIRECTIONS

Two tablets with each meal and upon retiring. Eight tablets daily will provide the minimum daily requirements of Vitamins B-2 and twice those requirements of Vitamin B-1.

Net Contents 200 Tablets . . . \$5.

AT LEADING HEALTH FOOD STORES ALL OVER AMERICA

Distributed by

**DAILEY'S LABORATORIES**

3680 University Ave., San Diego 4, Calif.

Foreign Dealers Write for Details

course I use starches and sugar in moderation . . . I can truthfully say it has helped me wonderfully and I feel fine."

It is regretted that space forbids quoting from many of these letters, which we have inspected, that show definitely that Mr. Dai-



Mr. Dailey . . . scrapped his insulin needle.

ley has brought countless sufferers out of their dilemma, and is now able to carry on this fine work in apparently perfect health himself.

Recipes from CACTUS COOK BOOK compiled by Joyce L. Tate

### prickly pear wine

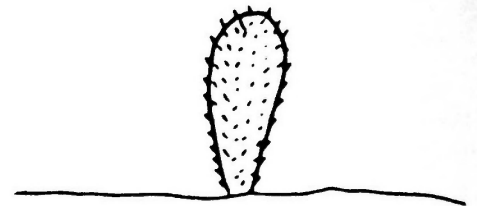
A delicious and non-intoxicating wine may be made from the fruit of the PRICKLY PEAR. For this it is best to use the "TUNAS" from OPUNTIA TENUISPINA as they make the best wine. They are smaller and juicier and of a rich reddish yellow color when ripe. The fruits gathered when dead ripe and placed in a pottery jar where it is allowed to remain overnight. It is then crushed and to each gallon of fruit is added five pounds of sugar and one gallon of water. The jar is covered with cheese cloth to keep out insects and the fruit is allowed to set until it ferments. It is then strained through a fine cloth to remove spines and pulp.

The juice is allowed to stand until the wine thickens and sours to taste. It is then bottled and capped. The wine should be stored in a cool place. This makes a cooling summer drink and non-intoxicating believe it or not.

John H. Leasure, Texas  
The Story of Cactus  
El Paso Cactus & Rock Club

### jungle juice

1¼ to 1½ pounds EPIPHYLLUM fruit (about 16 fruits)  
½ pound sugar  
2½ pints boiling water  
½ teaspoon yeast  
1 orange  
½ yeast nutrient



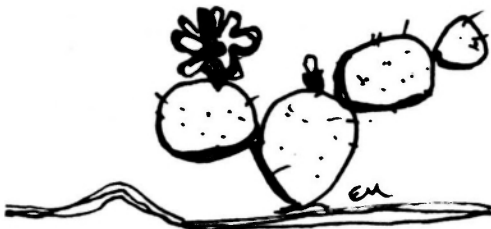
#### Make starter:

To juice of 1 orange add 1 teaspoon sugar, ¼ teaspoon yeast; stand 2 days to get working.

Wash and cut up fruit. Pour on boiling water, add sugar, stand overnight. Add "starter" remainder of yeast and yeast nutrient. Let stand 5 days, strain into jar. Squeeze surplus juice out of fruit and leave to ferment (fit trap to jar or cover with polythene and rubber band).

After 2 months strain again to get rid of sediment. Add a little more sugar to taste if wine is too dry. Ferment to a finish--then bottle.

J. Metcalf, England  
The National Cactus & Succulent  
Society  
England

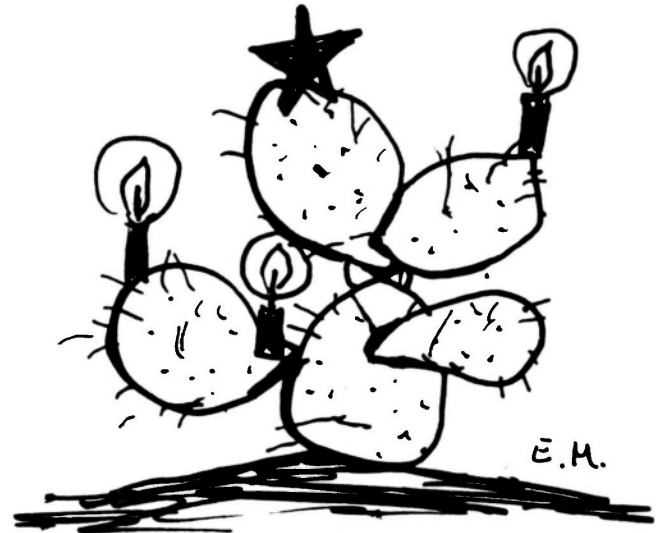


This poem was inspired by the drawing by Elibet Marshall. I only know the author as Carol.

Little Cactus Christmas Tree,  
Round and funny, solemn and strong,  
A creature of desert asymmetry,  
You're formed by sun and wind's dry song.

With liquid treasure cradled within  
Bright pads of green in a dusty sea,  
Your sun-touched spines shine gold for me  
With light and fire, over a melting heart,  
In a land of beauty and adversity.

- Carol -



Drawing by Elibet Marshall  
Nov. 1986 ESPINAS y FLORES  
San Diego C & S Society

Thanks again to Elibet for these drawings that add such interest to the paper.

PLEASE NOTE: Everyone's dues are due by the end of the year. These are annual dues that come from January to January.

SAN DIEGO CACTUS & SUCCULENT SOCIETY  
MEMBERSHIP APPLICATION

\$8.00 - Single member per calendar year  
\$2.00 - Each additional member of the same household

\*\* PLEASE PRINT \*\*

NAME: \_\_\_\_\_

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Additional members:

Name: \_\_\_\_\_ Name: \_\_\_\_\_

PLEASE CHECK IF:

\_\_\_\_\_ You are a new member

\_\_\_\_\_ You subscribe to the Cactus & Succulent Journal

\*\* COMPLETE AND MAIL TO \*\*

SUSAN SHEPHERD: Treasurer, 4537 Cochise Way, San Diego, CA 92117

AMOUNT ENCLOSED \$ \_\_\_\_\_

There are no back issues of the Espinas y Flores available for late payment.  
Have copies made if you do not want to tear up the paper

New Books in the Library

Donated by Rudy & Teresita Lime:

Curt Backeberg, Cactus Lexicon  
Helmut Bechtel, Cactus Identifier including Succulent Plants  
W. Hubert Earle, Cacti of the Southwest  
Brian Fearn, Lithops  
Ed Storms, Growing the Mesembs

Donated by Dr. & Mrs. Lemrow

Ann & Myron Sutton, The Life of the Desert

Through the efforts of Phyllis Flechsig:

Desmond T. Cole, Lithops - Flowering Stones (2)

A Gift of David L. Epele:

David L. Epele, Desert in Bloom

also:

Hazel Evans, Patio Gardens  
Miranda Smith & Anna Carr, Rodale's Garden Insect, Disease, & Weed Identification Guide

Wanted: The Huntington Library would like a set of our newsletters. If anyone has a set they would like to donate, let me know. I have many of them, but a complete set or complete volumes of certain years could possibly be used.

Wanted: We have some books that are long overdue in the library. I would appreciate anyone who knows the whereabouts of those listed below to let me know:

Robert Griffin - has had Haselton's Epiphyllum Handbook since 4/86  
Steve Hanna - has had Organic Fertilizers since 2/84  
Doug Schulz - has had Craig's Mammillarias since 10/83  
William E. Wright has had Craig's and Pilbeam's Mammillarias since 7/86  
Herbert Wohl - has had Coyle & Robert's Baja's Plants and Nehrlings' Easy Gardening with Drought Resistant Plants since 1/83

Rick Latimer, Librarian

# SAN DIEGO CACTUS & SUCCULENT SOCIETY OFFICERS

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Vice President - Vacant  
Secretary - Beverly Kirkegaard  
10009 Bonnie Vista, La Mesa, 92041 463-2801  
Treasurer - Susan Shepherd  
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4094 36th Street, San Diego, 92104 280-9690

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Bob Kent, Madelyn Lee, Rudy Lime, John Pasek

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CSSA Affiliate Rep - Cathy & Sandy Frost  
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Succulents - Dorothy Dunn  
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Plant Exchange Table - Mmes. Lemrow & Larburg  
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Program - Joan Johnson  
Jim Dice  
Joe Clements

The San Diego Cactus & Succulent Society is open to all persons interested in growing cacti or other succulent and exotic plants. Meetings are held the second Saturday of each month at 1:30 p.m. in Room 101, Casa del Prado, Balboa Park. Board of Directors meetings are held after the general meetings. Annual dues are \$8.00 per single member per year, \$2.00 for each additional member of a household within the family. Single copies of Espinas y Flores are 60¢.

Editor  
Mary Aubuchon  
1058 5th Avenue  
Chula Vista, CA 92011



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