# E SPINAS Y FLORES



Vol. 60, No. 11 NOVEMBER 2025

NEWSLETTER OF THE SAN DIEGO CACTUS & SUCCULENT SOCIETY AN AFFILIATE OF THE CACTUS AND SUCCULENT SOCIETY OF AMERICA



AVONIA // NOVEMBER GUEST SPEAKER // MEMBER SECTION // OCTOBER BRAG TABLE // HOLIDAY PARTY // ...and more



#### ON THE COVER

Avonia papyracea ssp. namaqensis near Springbok, Western Cape

Photo by Kelly Griffin

#### TABLE OF CONTENTS

President's message pg 3

November Guest Speaker pg 4 // Holiday Party pg 5

Plant of the Month feature pgs 6 - 9

Member section pgs 10 - 12

November Brag table reminder pg 13

#### **UPCOMING SDCSS SCHEDULE**

### UPCOMING MEETING November 8th

#### **UPCOMING HOLIDAY PARTY EVENT!**

December 13th

#### **EXECUTIVE BOARD**

President Kelly Griffin
Vice President Der-shing Helmer
Secretary Olga Batalov
Treasurer Ken Brown

#### **DIRECTORS**

Rick Bjorklund, Patricia Bryan, Luis Gonzalez, Tom Knapik, Georgia Kenney, Rita Lunceford, and Jared Petker

#### **COMMITTEES & SUBCOMMITTEES**

ConservationHerb SternBrag TableRocco Piersanti

Plant of the Month Denise Huntsman-Griffin

Summer/Winter Show [open]

HistorianJerry GarnerGrantsJerry GarnerLibrary CommitteeLuis Gonzalez

Exchange Plants/Seeds Michelle Heckathorn

Annual Sales Rita Lunceford
Auction & Holiday Plants Kelly Griffin
Show Auction Manager [open]

Monthly Plant Sales Rita Lunceford
Benefit Drawing Table Chuck Ramey
Programs Kelly Griffin

**Reception** Susan Hopkins & Candy Garner

New Member Orientation Patricia Bryan & Jay Crowley

Monthly RegalementSandy Wetzel-SmithPicnic RegalementGeorgia Kenney

Coffee in the Garden Coordinator

Jodi Visosky

#### **LIAISONS**

Balboa Park Desert Garden

Susan Hopkins

CSSA Affiliate Rep Rick Bjorklund
SD Botanic Foundation Lynn Elliot

SD Zoo Safari Park, Baja, & Old World Gardens

May Fong Ho

**Palomar CS Society Liaison** 

Brita Miller

#### MEMBERSHIP, BUSINESS, & PUBLICITY

MembershipOlga BatalovBusiness ManagerDonna RodenNewsletter EditorDer-shing HelmerWebmasterJared PetkerGeneral Club PublicityChristie Lathrop

Show & Sale Publicity Patricia Bryan & Emily Shuffield

<u>CONTACT SDCSS</u> membership@sdcss.net

CONTACT EyF EDITOR eyf.editor@gmail.com

Opinions expressed in articles and editorial comments are solely the opinions of the author or the editor, and do not necessarily represent the opinion of the SDCSS, the board of Directors, or the organization as a whole. All material submitted to the Espinas y Flores for possible publication may be edited in forma and content and shared on the club's social media with attribution. All material contained in the Espinas y Flores may be reprinted by other non-profit organizations unless permission is expressly denied in a note accompanying the article. Reproduction in whole or part by any other organization without the express consent of the editor is prohibited.

#### PRESIDENT'S MESSAGE

i, guys! We had a really great turn out for our picnic in Kate Sessions Park. Over a hundred signed up and a few more dropped by. Great weather, Great location and really great people!!

I want to thank some folks for making the right decisions and working hard to pull this off. I appreciate everyone, but thank you to Georgia Kenney and Emily Weaver for their efforts. Thank you to Jared Petker for bringing some home-grown Euphorbia rarities for gifts. Thank you Olga Batalov for taking care of the sign ups even though she was unable to attend, and Der-shing for the work she did on publicity and in other areas. The whole club always steps up. It is truly amazing to me, but thank you all!

It was very nice to get to know some of you when there was a little less going on than our regular meeting schedule. It was really nice to see Bill O'Daniel there, too, along with his son. I look forward to more stories and plants at future meetings.

We have a great lineup of program speakers, and next month is no exception. Our program will be from a Nurseryman's perspective and that is surely to have some plant growing advice we could all use to grow our plants better. Josh Allen of Fairview Nursery will be our presenter and should have along with him some nice and unusual plants to buy as well. Don't miss it!

Our plant of the month will be on Avonia by Emily Shuffield, I am looking forward to learning more about this small but special group of plants from South Africa.

The brag table will be Faux Plants this month, so all you creative folks—get to work!

Our Holiday party is on the horizon, too. Signups were emailed recently, so please reserver your spot online or at the November meeting, and plan on coming! It is always a special event with lots of smiles and fun!

See you soon,

Kelly Griffin
October 26, 2025



#### **UPCOMING GUEST SPEAKER**



#### **NOVEMBER 8TH SPEAKER**

# JOSH ALLEN "A NURSERYMAN'S GROWING PERSPECTIVE + A POST-CSSA CONVENTION ROADTRIP TO VISIT BAJA'S PLANT GOLD!"

#### **ABOUT OUR SPEAKER**

"My plant story began in 2005 when my wife and I visited East Africa for a month. I was bitten by the exotic plant bug. Soon after, we visited Chile, Argentina, Brazil, Mexico, Australia and many more countries. I was inspired to start growing the more unusual plant species after seeing such amazingly beautiful and unique plants in their native habitat on my travels.

"My obsession of breeding and growing plants from seed quickly became a passion of mine. Soon this passion blossomed into Fairview Nursery and Gardens founded in 2012. We are currently growing over 300 species of plants ranging from the entry level to the hard-to-find collector plants and everything in between. My goal is to be one of the best rare plant nurseries in Southern California with an emphasis on Aloe, cacti and succulents."

Josh's main passion and dedication is hybridizing and breeding Aloes. This has been a very exciting and rewarding journey developing unique new Aloe hybrids for the nursery. Aloes are a big part of what we do and have gained enormous popularity. As a hard-working nurseryman, husband and

father of two boys, Josh is self-taught and studies at the college of "Mother Nature" as he travels into the field looking for his next adventure.

You can follow Josh at his Instagram @fairviewplants and visit his website, www.fairviewnursery.com

#### **ABOUT OUR SPEAKER TOPIC**

Part 1) Pest management, plant care and preventative maintenance for your succulent plants Part 2) A fun road trip to Baja with some of the CSSA Biennial Convention's Speakers and other friends to look at the very best plants Baja has to offer.

#### ABOUT OUR PLANT OF THE MONTH

Emily Shuffield will be speaking on the subject of Avonia. We haven't had a focus on this species in recent memory, so it's sure to be of interest to many! You can find a preview essay on the subject in this newsletter.

SEE YOU ON NOVEMBER 8<sup>TH</sup>, 2025!

#### **UPCOMING EVENT: HOLIDAY PARTY!**

#### **GET READY FOR OUR ANNUAL DECEMBER HOLIDAY**

#### **PARTY—THE BEST TIME OF THE YEAR!**

**10:30-11:30**: Check-in socializing, talking plants, checking out the gift plants, gift exchange plants, and auction items.

**11:30**: Awards ceremony.

**12:00**: Catered lunch served (vegetarian options available), pot-luck desserts, and gift exchange.

1:00: Numbers will be called for gift plants.

2:00: Silent auction.



**Pot-luck desserts:** You are invited to bring your favorite dessert to share! Please bring a serving utensil if needed, with your name on it.

**Gift Plants:** SDCSS provides a free plant to all members. You will be given a ticket when you check in—save it for the drawing!

Gift Exchange (optional): You are invited to bring a plant to participate in the exchange, just put your name on the plant. How it works: a panel of judges will select the "Best Plant", and the owner of that plant then gets first pick of all remaining plants. The owner of the plant they select then picks, and this continues until all plants are gone. Bring only one plant per person! As you might realize, the better the plant you bring, the sooner you get to pick! The "Best Plant" will be included in the Live Auction.

**Silent auction:** There will be a variety of items donated, along with some amazing centerpieces, which will be auctioned off during the party. Items will have cards to enter your bids. The highest bid at the close of the auction buys the item. If you want to donate an interesting cactus-related item you think someone would like, please bring it along.

Live auction: We will have a wonderful selection of bare-root cactus and other donated plants and items for a Live Auction, just get a numbered plate to participate. This is always lots of fun and the proceeds will be contributed towards the conservation of endangered cacti and succulents.

Tickets are \$35 for members and \$40 for nonmembers, and are available for purchase at the November meeting or at this link on our website.

# 2021 2022 2023 2024 2025



2026 Boophane disticha

#### 2026 CLUB PINS!

Want to show off your love for the SDCSS?

Now you can! Through our collectible club enamel pins,
with a brand-new design offered every year!

Our newest pin to celebrate 2026 will be gifted, first-come-first-served, to holiday party goers... another great reason to pick up your ticket now for the December festivities!

#### PLANT OF THE MONTH: AVONIA

## AVONIAS: A SHORT STORY ABOUT A SMALL GENUS OF TINY PLOANTS ARTICLE BY EMILY SHUFFIELD



Raise your hand if you've killed an Avonia quinaria. (My hand is raised!) When I joined SDCSS I learned what a "three strikes plant" is. This one is mine. Hopefully the following information will be helpful in keeping the next one alive - for all of us!

#### **DESCRIPTION**

Avonias are dwarf perennial plants that originate in Southern Africa. They are described as having elongated stems radiating from either a hidden main stem or partly underground caudex. The stems have small green leaves that are nearly entirely concealed under dense sheaths of overlapping white stippules or scales. They have 3 celled capsules that split longitudinally to dehisce (gape or burst open), releasing winged or naked seeds. They are in the Family Portulacaceae and I was able to find 17 described species in this genus, however there may be more out there but the literature is scattered at this time. Most produce a flower with 5 petals. They grow in winter and summer rainfall areas and are very slow growers.

#### **HISTORY**

Avonias were previously grouped in the genus Anacampseros. In 1992 Maike Gerbaulet divided the genus Anacampseros into two subgenera of Anacampseros and Avonias. Then in 1994 Gordon Rowley reviewed the literature and elevated Avonia to its own genus because Anacampseros has fleshy exposed leaves and Avonias have minute leaves hidden under white stipular scales. The purpose of these scales has a few theories. For camouflage to appear as bird droppings, to blend in with the quartz rocks where many are

#### PLANT OF THE MONTH: AVONIA

found, and/or perhaps the scales are there to protect the delicate leaves from the sun as these plants are typically found in full sun and very arid climates. It has been noted however that they do not depend on this camouflage for survival because they often grow out in the open where goats frequently graze. Such small but mighty Avonias!

#### **CULTIVATION CARE TIPS**

Avonias grow in areas of low rainfall and low humidity so it is suggested to water around every 10 days in spring and fall, and only occasionally during winter as long as they remain in bright light and humidity stays low. In general, the less light they get, the less water they should get. You can also observe them and water only when they are growing and let them stay dry the rest of the year. Avonias prefer particularly well draining soil and extremely bright light. Full to mostly full sun is best. They can withstand some frost if the humidity is low, but high humidity will kill them more than the cold will.

Avonias are prone to mealy bugs so keep a close eye on them. They may be more sensitive to insecticides. So perhaps using less chemical methods is better like dish soap, or diluted isopropyl alcohol. However, I used Neem Oil spray on my A. before read this auinaria information and it seemed to do ok. (But don't listen to me!) In cultivation Avonias seem to be happy in a smaller pot, so don't



Avonia quinaria Emily Shuffield



Avonia albissima, reprinted with permission

@cactiandcarnivorous

#### PLANT OF THE MONTH: AVONIA



A. quinaria ssp. alstonii and A. papyracea ssp. namaqensis near Springbok Western Cape

Kelly Griffin

overpot them. In nature they grow alongside baby toes or Fenestraria so care would be similar to these plants.

#### A FEW FUN FACTS

A. rodesica and A. papyracea are used by native people in traditional beer making, and A. ustulata is used in beer making and as a yeast substitute. With the small size and slow growth of these plants, that must be some special beer!

#### **EMILY SHUFFIELD**

#### **CITATION LIST**

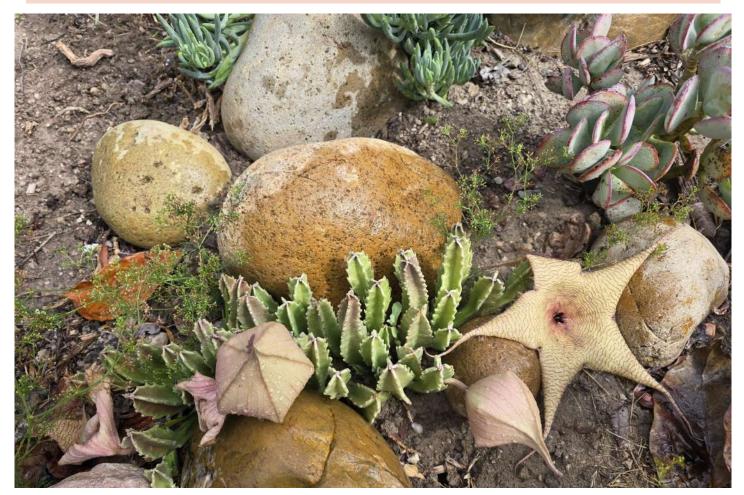
- 1. Dortort, Fred. The Timber Press Guide to Succulent Plants of the World; A Comprehensive Reference to More Than 2000 Species. 2011.
- 2. Gideon F. Smith, Neil R. Crouch, and Estrela Figueiredo. Field Guide to Succulents in Souther Africa 2017.
- 3. Doreen Court. Succulent Flora of Southern Africa revised edition 2010.
- 4. Jacques van Thiel and John Lavranos. Avonia Harveyi, a new species from Namibia. Cactus World, December 2011. Vol 29, no. 4, pp. 223-225.

#### **MEMBER SECTION**

#### November Haiku: Avonia

Delicate and small Yet mimics Medusa's rage Writhing scaly snakes

#### **EMILY WEAVER**



I am a recent member and love experimenting with succulents in our backyard. We were surprised by this one last week, first an origami-like box bloom and then a starfish!

The SDCSS monthly newsletter welcomes and appreciates essays, photography, artwork, and similar contributions from its members.

If you have a contribution related to cacti and succulents that you'd like to share with the club, please let us know, and you could see your work in a future issue.

We'd love to hear from you!

Contact the editor: <a href="mailto:eyf.editor@gmail.com">eyf.editor@gmail.com</a>

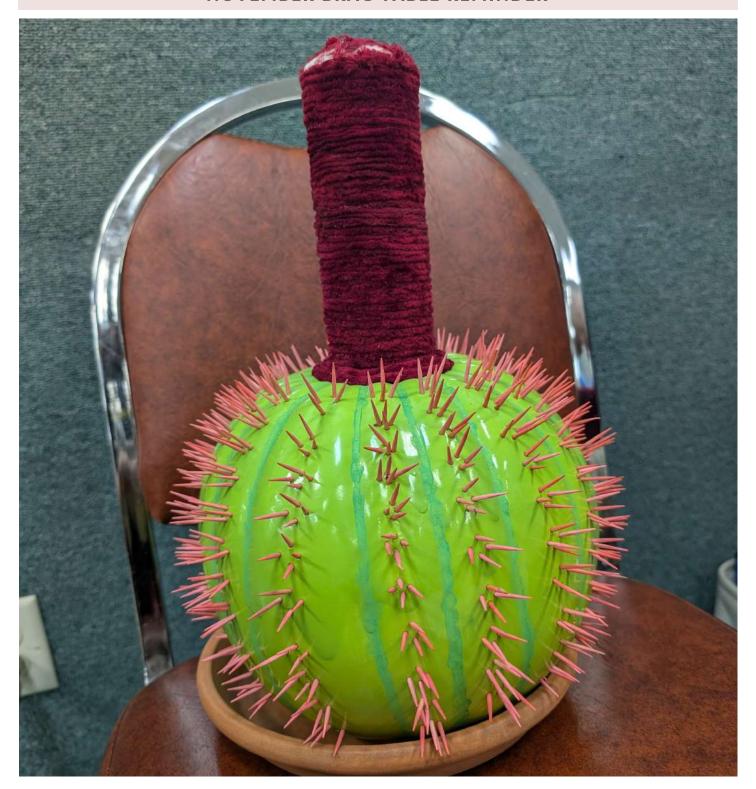
#### **CLICK TO VISIT US ONLINE!**







#### **NOVEMBER BRAG TABLE REMINDER**



Time to get creative for the Faux Plant Table

It is, once again, that time of year where we celebrate our famous (infamous?) Faux Plant Table! In November, please bring your most creative and unusual faux cacti and succulents creations (and we sure do love a clever name) for the faux table. We can't wait to see what you come up with this year!